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Endurance. Improving Self.

LEADER AND PROGRAM GUIDE – M.O.A.B. BASE CAMP

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Welcome to M.O.A.B. Base Camp

Welcome to M.O.A.B. Base Camp (“Mother of Adventure Bases”)! Thank you for choosing us. Founded in 1998, M.O.A.B. Base Camp (MBC) is owned and operated by the Orem-based Utah National Parks Council, Boy Scouts of America.

Located in Crips Hole near Gemini Bridges, MBC is a high adventure base gem surrounded by extraordinary red rock geological formations, awesome desert southwest vistas and world-famous destinations: Moab (an off-road outdoor mecca), the Colorado and Green Rivers and three sweet state and national parks: Dead Horse Point, Arches and Canyonlands.

The emphasis at MBC is programmatic activities for male and female youth. **MBC follows BSA National High-Adventure age guidelines which state: A youth must be 14 years of age or 13 years of age and completed the 8th grade by date of participation.** MBC does not offer merit badge programs.

The MBC program involves strenuous activities and conditions such as extreme weather, exposure and fatigue. Temperatures are likely to reach over 100° Fahrenheit during the day and may drop substantially at night. Hydration is a concern so bring hydration packs or water bottles. Do not bring soda-it is a high contributor to heat exhaustion.

MBC follows the Scout Oath and Scout Law. Be respectful to staff and other participants. MBC is a Leave No Trace (LNT)/Tread Lightly facility. Keeping the environment clean in its natural state is expected. Stay on established paths/roads.

Visitors are welcome. If prior arrangements are not made, they must provide their own food. MBC orders food based on attendance figures one week in advance of arrival.

Please take time to review the camp website www.utahscouts.org/moab and Facebook page [@moabbasecamp](https://www.facebook.com/moabbasecamp).

---To keep dust to a minimum, please limit vehicle speed to 10mph---

MBC expects all participants (youth and adult) to follow the Scouter Code of Conduct.

BOY SCOUTS OF AMERICA SCOUTER CODE OF CONDUCT

On my honor I promise to do my best to comply with this Boy Scouts of America Scouter Code of Conduct while serving in my capacity as an adult leader:

1. I have or will complete my registration with the Boy Scouts of America, answering all questions truthfully and honestly.
2. I will do my best to live up to the Scout Oath and Scout Law, obey all laws, and hold others in Scouting accountable to those standards. I will exercise sound judgment and demonstrate good leadership and use the Scouting program for its intended purpose consistent with the mission of the Boy Scouts of America.
3. I will make the protection of youth a personal priority. I will complete and remain current with youth protection training requirements. I will be familiar with and follow:
 - a. BSA youth protection policies and guidelines, including mandatory reporting:
<http://www.scouting.org/YouthProtection.aspx>
 - b. *The Guide to Safe Scouting*:
<http://www.scouting.org/scoutsource/HealthandSafety/GSS.aspx>
 - c. The Sweet Sixteen of BSA Safety:
<http://www.scouting.org/scoutsource/HealthandSafety/Resources/sweet16.aspx>
4. When transporting Scouts I will obey all laws, comply with youth protection guidelines, and follow safe driving practices.
5. I will respect and abide by the Rules and Regulations of the Boy Scouts of America, BSA policies, and BSA-provided training, including but not limited to, those relating to:
 - a. Unauthorized fundraising activities
 - b. Advocacy on social and political issues, including prohibited use of the BSA uniform and brand
 - c. Bullying, hazing, harassment, and unlawful discrimination of any kind
6. I will not discuss or engage in any form of sexual conduct while engaged in Scouting activities. I will refer Scouts with questions regarding these topics to talk to their parents or spiritual advisor.
7. I confirm that I have fully disclosed and will disclose in the future any of the following:
 - a. Any criminal suspicion, charges or convictions of a crime or offense involving abuse, violence, sexual misconduct, or any misconduct involving minors or juveniles
 - b. Any investigation or court order involving domestic violence, child abuse, or similar matter

- c. Any criminal charges or convictions for offenses involving controlled substances, driving while intoxicated, firearms or dangerous weapons.
8. I will not possess, distribute, transport, consume, or use any of the following items prohibited by law or in violation of any Scouting rules, regulations and policies:
- a. Alcoholic beverages or controlled substances, including marijuana.
 - b. Concealed or unconcealed firearms, fireworks, or explosives.
 - c. Pornography or materials containing words or images inconsistent with Scouting values.
9. If I am taking prescription medications with the potential of impairing my functioning or judgment, I will not engage in activities which would put Scouts at risk, including driving or operating equipment.
10. I will take steps to prevent or report any violation of this code of conduct by others in connection with Scouting activities.

Please Note

Any adult accompanying a Boy Scout troop or Venture crew to a residence camp or other Scouting activity lasting 72 hours or more must be registered as a leader, including completion of a Criminal Background Check (CBC) and Youth Protection Training (YPT), even if they are the parent of a youth on the trip.

Two registered adult leaders 21 years of age or over are required at all Scouting activities, including meetings. There must be a registered female adult leader 21 years of age or over in every unit serving females. A registered female adult leader 21 years of age or over must be present for any activity involving female youth.

-Participants who fail to follow staff instruction, put themselves or others at risk or violate the Scouter Code of Conduct will be sent home at their own expense. No refunds will be granted-

Arrival & Departure

Groups should plan to arrive the day before their first scheduled program activity (if you are scheduled to Mountain Bike Tuesday, you would arrive Monday). **Arrival time is between 4:00 p.m. and 8:00 p.m.** Departure is the day after your last scheduled program activity (by 10 a.m.) or the afternoon of your last scheduled program activity (if you are Mountain Biking Thursday, you can depart that afternoon or Friday morning). If travel plans prevent your group from arriving in the scheduled timeframe, please let us know.

Camp Schedule

M.O.A.B. daily schedule:

- 5:30 a.m. wake up
- 5:50 a.m. flag ceremony
- 6:00 a.m. breakfast (*River Rafter*s go first, meals end after the last person has been through)
- 7:00 a.m. program areas open (*be there with your hydration pack ready to go*)
- 12:00 p.m. on-site program areas close/lunch (*meals end after the last person has been through*)
- 1:00 p.m. group time away from MBC
- 6:00 p.m. dinner (*meals end after the last person has been through*)
- 7:00 p.m. open program begins (shootings sports, climbing/rappelling, mountain biking) (*not all program area may be open*)
- 8:15 p.m. shooting sports closes
- 8:30 p.m. all program areas close
- 10:00 p.m. lights out

Meals

The dining area is in base camp. All participants are required to clean up after themselves. LNT policies are followed. **Meal times: Breakfast 6am; Lunch 12pm; Dinner 6pm.**

During the registration process, groups are asked if they want to participate in the camp meal plan. Meals may be chosen individually (breakfast, lunch, dinner) and by day. The meal plan is all-inclusive. Additional meals may be purchased on-site. Cost: \$7.00 per meal, per person.

Sample Menu:

Breakfast – cereal and hotline each day. Hot items include: eggs, waffles, bacon, sausage, pancakes, etc.

Lunch – sandwiches

Dinner – fajitas, burgers, chicken fried steak, tacos, potatoes, chicken patties, etc.

Fruit is available each meal. MBC eats well...We plan on 1.5 portions per person.

Note: Lunch is provided-as part of the program activity fee-to those participating in River Rafting, Canyoneering-Day and “Over the Bars” Mountain Biking. Those participating in these activities **SHOULD NOT** purchase lunch the day of the activity. Canyoneering-Night participants **SHOULD NOT** purchase breakfast the morning after their overnight.

Program

MBC is high-adventure. Program activities may require extreme exertion and stamina. Be smart! Use good judgement on program selection and participation.

Groups choose program activity and date when they register online (based on availability).

One program activity per group, per day (the exception is Canyoneering-Night see below).

Fees listed include camping and all program activities. **All costs are per participant, per day or night program activity.** There may be times when program activities need to be suspended

due to inclement weather (lightening, sand storms, etc.). Any disciplinary issues can result in a program area being altered or shut down immediately for the safety of participants and staff.

Current fee structure: www.utahscouts.org/moab

Mountain Biking (MTB): Experience extraordinary rides on the world-renown [Magnificent 7](#) (Mag 7) mountain bike trail system and surrounding areas! Guided by staff, you will be tested to the limit navigating around rocks and ledges while enjoying breathtaking vistas of canyons, buttes and mesas.

Skills development and instruction have been integrated into the MTB program. Using EDGE (Explain, Demonstrate, Guide, Enable), staff will coach participants on basic MTB skills (vision, body position, turning, braking) prior to hitting the trails. Participants will have the opportunity to test what they learned on MBC's MTB skill's trail.

There are two mountain biking options available: Gemini Loop & Over the Bars.

Gemini Loop – *For average riders*

Departing MBC, participants will ride up Four Arch Canyon Road and pick-up [Bull Run](#) at the top of the mesa. They'll ride downhill in an easterly direction on Bull Run to its intersection with Gemini Bridges Road. From there, participants have a short ride to [Gemini Bridges](#) and awesome views of the La Sal Mountains. At Arth's Corner, participants will pick-up [Getaway](#) and head slightly uphill in a westerly direction to the trail's intersection with Gemini Bridges Road. Participants will complete the loop by heading downhill back to MBC via Bull Run.

Cost: \$65.

Over the Bars – *For EXPERIENCED riders only*

For experienced riders looking for a next level mountain biking adventure, Over the Bars is for you! Departing MBC, participants will choose their own [Mag 7](#) trail system route. Hit [Great Escape](#), [Little Canyon](#) or [Arth's Corner](#). Hit the big drop sections of [Bull Run](#) or the short, quick sections of the [Horse Thief](#) trail system. The choice and experience is yours! Participants will return to MBC early afternoon. Lunch is provided. *Limited to 12 participants. Participants must bring a minimum of three liters of water.* An upgraded mountain bike rental is included.

Cost: \$80.

Equipment: bikes and helmets are provided. For those on the Gemini Loop ride, MBC's fleet includes hardtail Trek Excalibur and Marlin 7 models and new (for 2017) Lone Peak models provided through our partner [Fezzari Bicycles](#). An upgraded full-suspension bike rental is provided to Over the Bars participants. All bikes are five years old and newer.

A support vehicle (Gemini Loop ride) with first aid kit, spare bike parts and water is available each day.

For Over the Bars: MBC reserves the right to modify the program-including cancellation-due to staffing and logistical requirements and lack of participation.

-Please note, participants are responsible for all repairs to bikes damaged due to negligence or failure to follow staff direction-

Climbing & Rappelling: Real red rocks walls and canyon faces greet you right in camp! Learn basic skills on our 45' climbing and rappelling natural rock wall and experience the thrill of our zip-line. Curious who is the best climber? See whose fastest up the wall to ring the bell (staff are happy to time and encourage you!). From there, participants will move to our 120' canyon rappel. Go big or go home. Remember, don't look down! All equipment is provided. **Cost: \$65.**

-Absolutely no gorilla suits (its happened), toupees, costumes or other outrageous clothing is allowed-

Canyoneering: Participants explore remote, awe-inspiring backcountry, only miles away from MBC. Bouldering, hiking, rappelling and scrambling are the order of the day-or night. With a backdrop of red rock cliffs and blue skies and no civilization to be seen, it gives one the impression of being on an entirely different planet. Those that embark on this adventure will marvel at their accomplishments and experience a new-found trust and confidence in themselves and others. All equipment is provided.

Day Experience

Canyoneering is offered three times per day: 9:00 a.m., 11:00 a.m., 1:00 p.m. **Offered Wednesday & Thursday only**. Maximum: 12 per group (36 per day). Participants will complete three-four rappels (up to 160'), bouldering, scrambling and hiking. Learn and discuss rope skills / techniques, knots, safety systems and risk management protocol. Groups depart MBC and drive to Bull Canyon, Grandstaff Canyon or Fins & Things Canyon to meet our climbing team ([12 Fingers Outdoor Adventures](#)). Previous rappelling experience is highly recommended but not required. *Sack lunches are provided as part of the program fee.* **Note: units are responsible for transportation to each canyon. MBC DOES NOT provide shuttle service. Cost: \$80.**

Night Experience

New for 2019! The ultimate send. Scared of heights during daylight? Imagine heights at night. **Offered Tuesday, Wednesday & Thursday nights**. Maximum: 12 participants per night. After dinner join [12 Finger Outdoor Adventure](#) guides for an introductory class on big wall climbing. Learn and discuss rope skills / techniques, knots, safety systems and risk management protocol. Under guide supervision, use these techniques making your way into and on a [portaledge](#) (sleeping structure) where you will spend the night (participants will be harnessed in for safety the entire time). In the morning enjoy breakfast on the wall while watching the morning lights. Return to camp in time for your next adventure or program activity.

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Groups depart from MBC with our guide team. Previous climbing and rappelling experience is highly recommended but not required. *Sack breakfasts are provided as part of the program fee.* **Cost: \$80.**

The Night Experience allows groups to add another program activity without extending their stay. For example, a group can arrive Monday evening, Raft Tuesday, Canyoneering-Night Tuesday night, Mountain Bike Wednesday and depart Thursday morning.

Groups and participants may do both the Day and Night Experiences (two separate programs for \$160).

A liability release is required for participants. Do **NOT** come to MBC without a signed release...Participants will **NOT** be allowed to canyoneer without one. No refunds. A liability release is included at the end of this document.

River Rafting: Experience southern Utah on the famous Colorado River! One-thousand-foot Navajo Sandstone cliffs are your sentinels as you navigate your way down from Old West Hollywood backdrops toward the historic and action-packed town of Moab. The [Fisher Towers Daily Expedition](#) features Class II & III rapids and plenty of opportunity to get cool and wet.

MBC contracts with [World Wide River Expeditions](#) to provide a first class, on-water experience. The river trip is a full day activity with lunch provided. Groups depart by 6:45 a.m. and drive to World Wide in Moab (a map & directions will be provided). **Note: units are responsible for transportation to World Wide. MBC DOES NOT provide shuttle service.** **Cost: \$75.**

A liability release is required for participants. Do **NOT** come to MBC without a signed release...Participants will **NOT** be allowed to raft without one. No refunds. A liability release is included at the end of this document.

Open Program: As part of the daily program activity fee*, open program is offered each night after dinner from 7pm-830pm.

Staffed program areas include:

- **Climbing & Rappelling**
- **Mountain Biking**
- **Shooting Sports *(\$5.00 per person "all" you can shoot and throw)**
 - .22LR & 12-gauge shotgun
 - Archery
 - Axe & Knife Throwing

- Per BSA policies, no personal firearms or ammunition are permitted at MBC -

Afternoon Time Away from MBC

With MBC running programs in the AM prior to the heat of the day, groups have the afternoons open to schedule their own activities away from MBC. This scheduling flexibility is done, in part, to allow groups the opportunity to fully experience and appreciate the awesomeness of the Moab region. Go visit Dead Horse Point State Park & Arches and Canyonlands National Parks. Go drive the La Sal Loop Road and walk the streets of Moab. Or find a secluded spot for personal or group reflection and conversation. The choice is yours...Take advantage of this opportunity!

Unit Activities

[Discover Moab](#) (List of many attractions and activities (i.e. Corona Arch))

[Moab Recreation and Aquatic Center](#) (community pool)

Mill Creek / Powerhouse Dam (swimming hole)

Fisher Towers (hike)

[Moab Dinosaur Park & Museum](#): Just down the road from MBC, Moab Giants is a dinosaur park, museum, and multi-media extravaganza that will make you feel like you have walked right into the Jurassic Park movie set.

[Dan Mick's Jeep Tours](#): What is an adventure in Moab without going off-roading with the King of off-roading/jeep outfitters! This is not your mother's jeep tour—check out Hell's Revenge! Dan and his dedicated, experienced, team have been ranked year-after-year as the number one off-roading tour group on TripAdvisor.

State & National Parks: some of the best in the U.S. You will feel like you are on another planet. No trip to Moab is complete without this experience.

- [Dead Horse Point State Park](#)
- [Arches National Park](#)
- [Canyonlands National Park](#)

For the Best Milkshakes in Moab:

- [Moab Diner](#)
- [The Spoke on Center Street](#)
- [Milt's Stop & Eat](#)

Service Opportunities: Are available at Dead Horse Point State Park. Please arrange through the camp director prior to your arrival at MBC.

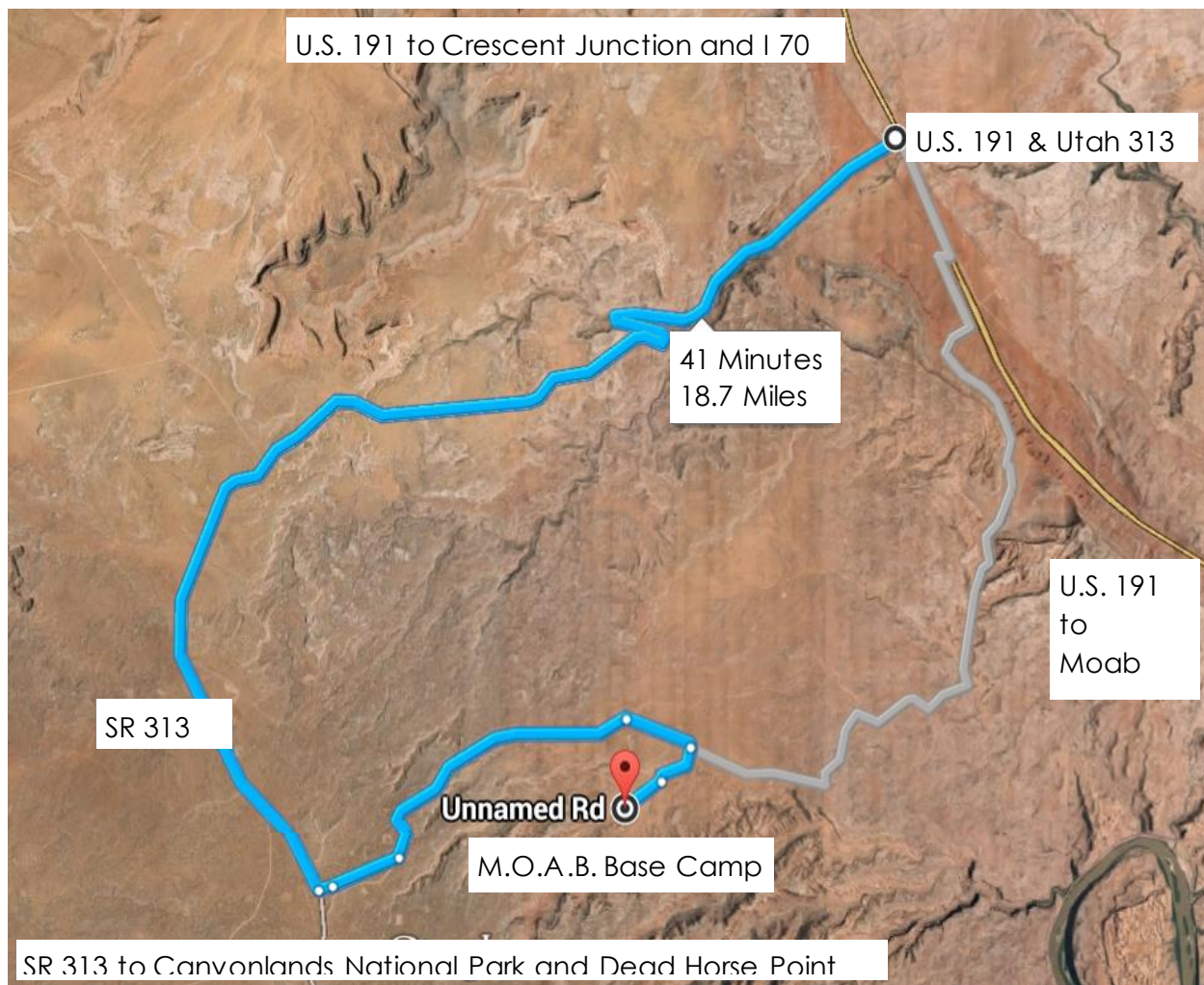
Vehicles, Maps & Directions

The roads surrounding MBC are rough. Although low-profile vehicles can get to MBC, high-clearance vehicles and 4X4's are best. MBC is not liable for any damage. Please use prudence in your choice of vehicles. **Passengers are not allowed to ride in the back of pickup trucks or on trailers. This is considered a violation of the State of Utah Motorized Vehicle Laws and The Boy Scouts of America Guide to Safe Scouting.** State and Federal regulations along with LNT/Tread Lightly principles require that all vehicles stay on established and well-traveled roads and trails. Shuttle services are not provided for or by MBC.

Vehicles may park in/next to each groups campsite(s). Vehicles should not be used for transporting participants around camp. All vehicles should park in the "fire ready" position (backed-in facing out) for quick egress. Speed limit is 10mph.

Driving South on highway 191, turn right (West) at the Dead Horse Point/Canyonlands highway 313. Drive 12.8 miles and turn left (Northeast) at Gemini Bridges Road.

Driving North on highway 191, turn left (West) at the Dead Horse Point/Canyonlands highway 313. Drive 12.8 miles and turn left (Northeast) at Gemini Bridges Road.



At Gemini Bridges Road, MBC signage will be visible. Drive down Gemini Bridges Road following MBC signage.



It is approximately 6 miles from highway 313 to the Crips Hole/Four Arch Canyon area on Gemini Bridges Road to M.O.A.B. Base Camp.



When you arrive at M.O.A.B. Base Camp, there will be a “Check-In” sign pointing where to go.

Unit/Personal Equipment

MBC **DOES NOT** provide tents.

Tent	Towel
Sleeping pad	Insect repellent
Sleeping bag & pillow	Chap stick
Camp cot	Sunglasses
Camp chair	Sunscreen
Health & Medical Form (Parts A,B,C)	Hydration (backpack, bottle, bladder)
Change(s) of clothing	Camera
Hat	First Aid Kit
Shoes/hiking boots/water shoes	Dining fly/pop up/shade
Toiletries (toothbrush/past, soap, etc.)	Spending money

Base Camp

Base Camp is "MBC Central." Check-in/check-out, food service, camp store, medical office, morning flag ceremony and shower facility are located here.

Safety & Security

Avoiding program areas is required for your groups' safety and that of the equipment. Do not walk through roped-off areas and stay on established roads and trails. Sadly, there have been thefts at camp so please lock personal possessions in vehicles or leave them at home.

MBC **IS NOT** responsible for lost or stolen items.

--SHIRTS & CLOSED-TOED SHOES MUST BE WORN ALWAYS...NO EXCEPTIONS-- --NO TANK TOPS--

Camp Store

Located in base camp, the camp store has bags of ice, ice cream, drinks, souvenirs and basic camping-related items available for purchase. Cash and credit are accepted. Hours vary and are posted on the door.

Phone Service

Due to MBC's remote location, cell phone service is spotty and unpredictable. If a call is necessary, staff can direct you to areas in camp where service is better. *Participants are encouraged to "cut-the-wire" (i.e. turn the phone off) during their stay to maximize the experience.* Wi-Fi is not offered or provided by MBC.

Electricity

Electricity is not available. Groups should plan to use personal vehicles and/or solar panels to charge phones and other devices.

Showers

Located in base camp, nine individual shower stalls are available with hot water (hot water is not much of an asset in the desert!). Showers are open until 9pm daily.

Restrooms

Two-dozen port-a-johns are located throughout the property. Port-a-johns are serviced weekly. Caution: Beware of splash back!

Trash

Groups are responsible for trash generated in their campsite(s). **Please bring trash bags.** A walk-in dumpster is located immediately south of base camp. *LNT principles apply.*

Buddy System

Due to MBC's remote location and extreme environment, the protection and safety of all participants is critically important. Youth should use the buddy system while group leaders should know where all participants are at a given time.

The Cliffs

MBC is surrounded by 100-foot red cliffs. Beautiful and majestic, they are enticing to teenage participants. It's like a kid in a candy store. **Under no circumstances are participants to climb, crawl, jump, play, hang-out, dream about or otherwise be on the cliffs without staff supervision and appropriate safety gear.** *Those unable or unwilling to abide by this policy will be asked to leave MBC.* Safety first. If interested in exploring the cliffs, please ask a staff member.

Snakes

Rattlesnakes are common at MBC. They are typically encountered in the cooler temperatures of morning and evening. *Pay attention to where you are walking!* If encountered, leave it alone and report its' location to a staff member. *It is illegal to kill rattlesnakes.* Rattlesnakes are relocated to habitat away from camp.

Campsites

Each group is assigned a campsite(s). **Campsites are primitive – Nothing is provided by MBC.** *There is no shade whatsoever!* Groups are encouraged to bring pop-up canopies for sun protection. These should be lowered during the day to protect them from afternoon windstorms. If desired, please bring portable tables and chairs. No campsite is more than a 10-minute walk to base camp.

Water

All water provided by MBC is potable. MBC's water is well-sourced and charges a 6000- gallon water tank. *Please use this resource wisely and report any leaks to camp management!* MBC has three community spigots for group use: one in base camp in front of the trading post, one along the road to the 120' rappel and shooting range and one on along the road to the

wash. Camp staff will point these out to you during check-in/orientation. *Please, please, please drink continuously and often throughout the day!!!* **Dehydration is our #1 medical issue.**

Campfires

Above ground fires are permitted at MBC (wood and propane). MBC has a small number of fire pits groups may borrow on a first come, first serve basis for use in their assigned campsite(s). *LNT principles apply. Firewood is available for sale.* Groups are advised to follow local and state regulations involving the movement of firewood. Note: Due to the lack of humidity in the Moab region, fire bans are often in effect.

Off-Road Vehicles

Personal All-Terrain Vehicles (ATVs), Utility Task Vehicles (UTVs), Quads, Side x Sides, Golf Carts, motorcycles and other off-road vehicles **ARE NOT** permitted at MBC.

Pets

Simply put, pets (other than service animals) **ARE NOT** permitted at any BSA owned or operated camp facilities such as MBC. How would *Fido* feel in 100+ degree heat?

Camp Fees

MBC is a low-volume, high-cost operation. MBC is not a money-maker...The facility operates solely as a provider of high-adventure services to our customers. After Summit County/Park City, Moab is the most expensive community in Utah. Staff do not go home on weekends...They are housed, fed and compensated based on being on-site for seven continuous weeks. MBC's inventory of mountain bikes and climbing equipment are worth tens of thousands of dollars. Due to the camp's remote location, service calls are expensive (port-a-johns, dumpster, electrician, etc.).

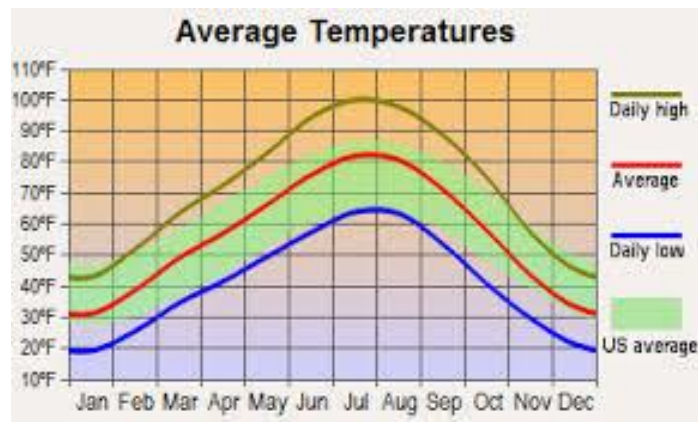
For a current fee/cost schedule, please visit www.utahscouts.org/moab.

Cryptobiotic Soil

Located throughout MBC, cryptobiotic soil consists of communities of slowly-growing cyanobacteria, algae, mosses and lichens that bind soil together, retain scarce water and provide a usable source of nitrogen for desert plants. *Your tracks matter!* Once cryptobiotic soil is damaged, it may not recover in a lifetime. **Bottom-line: stay on roads and established trails...Do not be a pathfinder!** Help us protect the Environment-Leave No Trace.



Temperatures



So, yes. It can be very, very hot. *Captain Obvious!*

Medical Facilities, Forms & Standards

The medical office is in base camp. MBC has an EMT (camp health officer) on-duty 24/7.

Each participant is to have a Health & Medical Record (Parts A, B, C) form available at check-in. The camp health officer reviews each medical form and asks about the health and well-being of the group. Potential medical problems are noted and the correct staff notified. The form will be stored in the medical office until departure. Note: The Health & Medical Record requires a physical examination by a qualified health professional.

The taking of prescription medication is the responsibility of the individual taking the medication and/or that individual's parent or guardian. BSA policy requires that all prescription drugs brought to camp (including those needing refrigeration) are to be secured in a locked cabinet or room. An exception is made for a limited amount of medication carried by a participant for life-threatening conditions (bee stings, inhalers, first aid kits, etc.). Prescription medications must be in their original container listing the patient's name.

Each participant in an MBC program must meet height and weight guidelines. Those who fall within these guidelines will be able to have an enjoyable experience with less risk.

The right-hand column shows the maximum acceptable weight to participate in an MBC program. Anyone who exceeds this limit is at an extreme risk for health problems and will be ineligible to participate in certain programs. Those who exceed these limits may be able to participate in rafting and/or other activities that are within MBC's ability to provide.

HEIGHT	RECOMMENDED WEIGHT (lbs)	MAXIMUM ACCEPTABLE
5'0"	97-138	166
5'1"	101-143	172
5'2"	104-148	178
5'3"	107-152	183
5'4"	111-157	189
5'5"	114-162	195
5'6"	118-167	201
5'7"	121-172	207
5'8"	125-178	214
5'9"	129-185	220
5'10"	132-188	226
5'11"	136-194	233
6'0"	140-199	239
6'1"	144-205	246
6'2"	148-210	252
6'3"	152-216	260
6'4"	155-222	267
6'5"	160-228	274
6'6"	164-234	281

Medical Facilities

[Moab Regional Urgent Care](#) (476 Williams Way, Moab / (435) 719-5500) & [Moab Regional Hospital](#) (450 Williams Way, Moab / (435) 719-3500). Both are a 45-minute drive from camp.

Tour and Activity Plan

Effective April 1, 2017, the BSA's Tour and Activity Plan has been terminated. When traveling, groups should still plan, follow Scouting safety guidelines and "Be Prepared."

Accident Insurance

Each unit or group must provide its own accident insurance. In most cases, this will be a secondary policy to that of the youth's own family. The coverage for Scouts, Scouters and Venturers provides medical reimbursement in case of death, accident or sickness within policy amounts. Groups who do not have accident insurance may choose to purchase the BSA Accident Insurance (contact your council office for information). **Groups and units sponsored by the LDS Church do NOT need to submit this form as coverage is provided through the LDS Church.*

MBC Staff Opportunities

MBC hires two dozen staff members each summer. Opportunities include rangers (youth staff) and adult area directors for mountain biking and climbing/rappelling. Other adult opportunities include assistant camp director, health officer, trading post manager and cook (two positions). Youth staff are cross-trained in mountain biking, climbing/rappelling and shooting sports. We prefer to hire individuals 16-years old and older by June 1. Mature and experienced 15-year old's will be considered.

Typically, MBC's season runs from the Tuesday after Memorial Day through late July. If interested, speak to the camp director or complete and submit an employment application by February 1: <http://www.utahscouts.org/camp-employment/21822>

Emergency Procedures

*Call **911**, in case of emergencies where human life is threatened*

Emergency Communication: Though spotty, cell phone service is available at different locations around base camp. This includes "cell phone rock" next to the medical/office building.

A cell phone booster is available in the office and can be used to make calls/access the internet (emergency use only).

Camp communication: Each program area has a two-way UHF/VHF radio. The following personnel have radios: camp director, assistant camp director/commissioner, medical officer, trading post, mountain bike area director and climbing/rappelling area director. There is a UHF/VHF base station radio in the trading post.

Alarm: A series of three horn blasts from a vehicle. **Action:** Assemble at base camp next to flag poles.

Weather: Limitations on all camp activities, including river rafting and canyoneering, are dependent on conditions. Limitations or activity closure may result from the following (as determined by staff): Severe wind, rain, lightening or hail. Other emergencies may also limit or close program activities.

Assistance: It is the responsibility of all adult scout leaders and camp staff to respond to all emergency situations using the proper procedures as outlined. When the camp health officer or designee is out of camp – staff and leaders are responsible to take proper action in all medical situations. Most emergencies can be taken care of in camp without outside assistance. Some emergencies may require the Grand County ambulance, Moab Regional Hospital or Life Flight. For non-emergency medical transport, leaders from the group are asked to take the person to Moab Regional Hospital (45 minutes from camp).

Evacuation Plan: All vehicles should park in the "fire ready" position (backed-in facing out) for quick egress. Upon the sounding of the alarm (three horn blasts from a vehicle), all staff and participants are to assemble at base camp next to flag poles. A roll-call of all participants and staff will then be taken to ensure all are present. The camp director-or designee-will then explain the situation/emergency. Drivers will be dismissed orderly and by campsite to return to their camping areas, pick-up vehicles and return to base camp where vehicles will load and depart. Gear will be abandoned. Camp staff will depart after all participants have departed and the facility searched for any stragglers. All participant and staff vehicles will rendezvous at the parking lot across from Moab Giants Dinosaur Park (intersection of 191 & 313) for another roll call and to wait further instruction.

MEDICAL EMERGENCIES

All incidents that require medical attention need to be reported to the camp health officer and posted in the appropriate medical log (staff or participant).

Serious Injury

If a serious medical emergency occurs, do the following:

1. Keep the victim still - do not let the victim move or be moved
2. Notify the nearest camp staff member, or authority, who will call for medical assistance.
3. Make sure the health officer is notified.
4. Administer first aid. Treat for shock.
5. Keep the victim calm and comfortable until medical personnel arrive.

General: STOP LIFE-THREATENING DANGERS, keep victim safe from further harm. Get proper medical help.

1. Notify the health officer and camp director.
2. Inform Scout Executive
3. Complete report of fatal or serious injury or illness.

A "**Serious**" Injury or Illness is defined as requiring hospital confinement for a period of 24 hours or as "likely to result in death or permanent disability."

Minor Injury

1. Minor injuries or illnesses should be treated with first aid.
2. Camp health officer should be notified.
3. Don't shrug off treatment. Treating a minor injury will help ensure that the injury remains minor.

First Aid Log Book

All injuries must be reported in the First Aid Log Book regardless of who treated the patient and regardless of how serious the injury. There is one book for participants and a second book for staff.

FIRE EMERGENCIES

Protective measures

1. No Flames in tents. This includes: liquid fuel lanterns, propane heaters and propane lanterns.
2. All extra liquid fuel for lanterns and stoves is stored in the camp's flammable materials box.
3. Use compressed or liquid gas stoves and lanterns only with knowledgeable adult supervision.

4. Operate and maintain stoves and lanterns according to manufacturer's instructions.
5. Let hot stoves and lanterns cool before changing cylinders of compressed gas or refilling reservoirs.
6. Refill liquid containers a safe distance from any flames. Pour fuel through a filtered funnel, and recap both the device and the container before igniting.
7. Place stoves and lanterns on level surfaces before operating.
8. Periodically check fittings for leaks with a soap solution.
9. Do not hover over the stove or lantern when you are igniting them. Keep your body to one side, open valve quickly, light carefully with head and fingers to the side of the burner and adjust down.
10. Do not leave a lit stove or lantern unattended.
11. Do not overload the stove top with extra heavy pots or frying pans.
12. Take empty compressed gas containers home with you to dispose of properly.
13. No explosives or fireworks in camp.
14. Post fireguard charts and select a person to a campsite fire warden.
15. Keep two buckets of water or dirt by each tent.
16. If you have access to a fire extinguisher, place it in a visible and accessible place in your campsite.
17. Small hand-held lighters should not be carried around.
18. Ultimate preventative: Do Not Start A Fire Unless You Need It!

When a fire is sighted

1. At the first sign of a fire, sound the alarm by yelling "FIRE!"
2. Report the location of the fire immediately to group adults, the camp staff or other authority. Call 911 if fire is large enough that it cannot be quickly and easily contained.
3. If the fire is small, suppress it with campsite fire-fighting equipment. If large, keep away and wait for camp staff, or other authority, to put the fire out. Prepare to evacuate camp, if necessary.
4. Adult leaders should account for all group members and be prepared to report group status to camp staff or other authority.
5. If the area fire alarm (emergency alarm = series of three horn blasts) is sounded all adult leaders at camp can help by directing everyone in the immediate area to base camp (next to flag poles) so the entire group can be accounted for. Gather your group together at main base area and wait for further instructions.

6. Area directors are to check program areas to ensure that no one is there, after check is finished, report to main base camp.
7. Check with each group who was with you for any concerns.
8. Camp management verifies the staff roster. Two staff members are sent to each campsite to ensure no one is there and report back to base.
9. The camp director will call the fire department or fire Marshall and direct the evacuation of camp if needed.
10. Unless the fire is small and easily and quickly contained, authorities will be contacted and staff and campers will stay clear of the fire. Fines may be issued to fires caused by individuals.

WEATHER EMERGENCIES

Lightning

Afternoon thunderstorms are not uncommon in the desert during the summer. If lightning is sighted, or threatens, follow these procedures:

1. Do not be on the highest point of ground.
2. If near a building or vehicle, get inside.
3. Stay away from natural lightning rods: trees in open areas, hilltops, ridges, water, small structures in open areas, and any metal object.
4. Seek protection in a low area such as a ravine or valley.
5. Prior precautions should have been taken and tents NOT set up in potential flash flood zones.
6. Groups should spread out if in the open and travel in a low position to safety. This includes groups mountain biking. Those biking should dismount their bike and assume the "lightening safe" position a minimum of 30 ft. away from bikes and other participants.
7. Lightning threats will shut down climbing and rappelling activities.

Rain Storms

- 1 We may get some rain during camp. If it rains in the desert it is either a light sprinkle or a torrential downpour.
- 2 It is wise to stay as dry as possible, especially during heavy rain as temperatures can drop quickly leading to hypothermia.
- 3 Stay clear of potential flash flood areas (i.e. the wash on the north and west side of MBC) and get to higher ground.
- 4 Climbing and Rappelling will be shut down in heavy rain.

Wind Storms

Wind can come from most directions and commonly gusts 20 miles per hour or greater. Prepare and protect yourself by doing the following:

- 1 Set up tents in areas that offer the greatest protection from the wind but staying clear of cliffs and rocks where rock may fall and away from dead trees.
- 2 Use extra lines to secure tents.
- 3 During severe wind stay out of the wind as much as possible to avoid flying debris, sand, and dust. Use something, such as a handkerchief, to help filter sand and dust from the air.
- 4 Program areas may be shut down during severe wind.

High Temperatures

It is very common for temperatures to reach 100 or more during the day. Apply sunscreen, wear a hat and drink lots of water. If it is determined the temperature is too high for regular program activities, program areas may be shut down until cooler temperatures prevail.

Tornado

Tornados are extremely rare. Seek cover in the lowest point around.

MISSING PERSON

Protective Measures

- 1 The buddy system is to be used always.
- 2 Conduct a bed check each night and roll call every morning.
- 3 Some additional precautions can include:
 - i. Keeping a check out sheet for all members that tells who is going, where, and when they expect to be back.
 - ii. Report to the program or camp director who is going, where, and when they expect to be back. This includes all campers and staff.

When a Person is Missing

- 1 Check obvious places first: tents, campsites, latrines, showers, trading post, base camp, program areas, etc.
- 2 If maintained, check sign out register.
- 3 Ask: "Who saw him last?" "Where/which way was he going?" "When did he leave?" "Whom did he leave with?"
- 4 Ask: "What mood was he in when he left - angry, homesick, normal?"

- 5 If not immediately located, notify nearest camp staff member or other authority immediately.

OTHER EMERGENCIES

Earthquakes

Earthquakes are rare in this area. However, at any sign of an earthquake, individuals should remove themselves away from the danger of falling rocks, electrical lines, trees, and other debris. If inside a building, move to a secure location under a doorway arch, table, or other structure. If it is possible, move away from a building to an open area. Keep aware of aftershocks. Check structures for damage before re-entering. Secure utilities until safe (turn off breakers, turn off gas, turn off water).

Animal Encounters

1. Encounters with rattlesnakes, mountain lion, badgers, bobcat, or scorpions should be reported to a camp staff member. These encounters are rare but may happen. Generally, if you avoid them they will avoid you.

2. **Rattlesnakes are common at MBC.** They are typically encountered in the cooler temperatures of morning and evening. If encountered, leave it alone and report its' location to a staff member. It is illegal to kill rattlesnakes. Rattlesnakes are relocated to habitat away from camp.

3. Keep away from animal holes.

4. Keep away from rodents as they may carry the Plague, or Hantavirus.

5. Keep away from other animals and do not attract them to camp with food left out.

Child Abuse

Abuse will not be tolerated. Following Council guidelines abuse is to be reported to the camp director who will notify proper authorities.

Electrical Power Failure

1. Turn off all breakers to protect equipment from potential overload when the circuit is restored.

2. If available, turn on back-up power.

3. Limit use and access to refrigerated areas.

4. Check for restored power by doing one of two things: Keep one breaker on that has only a light turned "on" and all other equipment unplugged or check for power by turning on one breaker every 15-30 minutes.

5. NOTE: Unless there is back up power, the refer will not be on and the water pump will not work. Keep in mind the unless power is restored water use should be restricted to drinking and

an alternative may need to be found to keep the Refrigeration Trailer (refer) cold. As a precaution, try not to store more than a week's worth of food in the refer.

Hazardous Chemical Spills

Call 911 on the if it is a large spill. Smaller spills, consult the appropriate MSDS to safely contain and clean up. Staff are not to clean up a spill unless directed to do so and only if they have been properly trained and outfitted.

Illness or Epidemics

1. Stay away from animals that may carry disease or poison. Use insect repellent.
2. Follow safe food handling and preparation practices.
3. Properly clean and sanitize all reusable dishes.
4. Properly, and promptly, store unused food. Food is to be stored in enclosed containers/bags.
5. Dispose of garbage promptly. Keep garbage inaccessible to animals.
6. Clean up.
7. Everyone is required to have a current (within past 12 months) physical form completed.
8. Those who are ill, and especially those who may be contagious, should not be around others and should not be at camp.

Appendix

Rafting & Canyoneering Liability Waivers

Participant Release of Liability, Waiver of Claims, Assumption of Risks and Indemnity Agreement Raft Moab, Inc. (DBA WORLD WIDE RIVER EXPEDITIONS)

Trip Name: _____

Trip Leader: _____ Trip Date: _____

In consideration of the services of Raft Moab, Inc., d/b/a World Wide River Expeditions and each of their respective agents, owners, officers, volunteers, participants, employees, sponsors and all other persons or entities acting in any capacity on their behalf (hereinafter collectively AWWRE@), I hereby agree to release and discharge WWRE on behalf of myself, my parents, my heirs, assigns, personal representative and estate as follows:

1. **Inherent Risks** I acknowledge that any **water related activity such as rafting** ("rafting" includes various boats such as oar boats, paddle rafts, combo boats, duckies, etc.) entails known and unanticipated risks that could result in physical or emotional injury, death, or damage to myself, to property, or to third parties. I understand and acknowledge that the enjoyment and excitement of adventure activities is derived in part from inherent risks incurred by activity beyond the accepted safety of life at home or in my normal day to day activities and that these inherent risks contribute to my enjoyment and excitement and are an integral reason for my participation in this activity. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity. I also understand and acknowledge that failing to use or properly use safety type equipment increases my risk of injury or of not surviving an accident or incident while rafting.

The inherent risks associated with the rafting trip in which I am about to participate include, but are not limited to: encountering whitewater rapids and changing water flows and the possibility that I will be jolted, jarred, bounced, thrown to and fro and shaken about during rides through some of these rapids or changing water flows; it is possible that I could be injured if I come in contact with food boxes, oars/paddles, other storage containers, or other fixed equipment necessary to the operation or outfitting of the raft; there may be errors in food storage or preparations; I recognize there are foot cups or foot holds in watercraft which may assist in stabilizing or holding myself or others in the watercraft but which may present an increased risk of knee, ankle or other injury as a result of restricted movement; the raft may break down or be faulty; it is possible that loss of control of the raft could occur resulting in collision or capsizing or sinking and that if a raft turns over or flips I could be "washed" overboard; rafts are slippery when wet and are naturally unstable so that I could slip and fall or be knocked out of the raft even in flat or non-moving water; while in the water I may become disoriented, panicked and/or experience trauma from rocks, boulders, etc.; I can slip or fall during hiking or portaging or getting to and from the raft and I understand that the areas in which I might hike sometimes hide dangerous obstacles such as tree wells, tree stumps, creeks, rocks and boulders, forest dead fall, etc.; the raft or any portion of it may collide with or encounter other rafts, man-made or natural objects including submerged or semi-submerged trees, rocks, branches, boulders, bridges, etc.; accidents can occur getting on and off the raft; changing weather conditions, storms or even lightening are possible; exposure to the natural elements can be uncomfortable and/or harmful and I am aware that this exposure could cause sunburn, dehydration, heat exhaustion, heat stroke, heat cramps or fatigue, some or all of which may diminish my or the other participants' ability to react or respond; I understand that prolonged exposure to cold water can result in "cold water immersion" syndrome or "cold shock," hypothermia and in extreme cases death.

I specifically acknowledge also that WWRE events/activities may involve **lodging/camping/bivouacking in rustic and rugged** situations which may present 'comfort style' issues for which I accept responsibility. I acknowledge that food preparation is an integral part of some of these activities and that I and other participants may be eating in the outdoors or community style environments and that some of the food may not be to my liking; there may be errors in

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food storage or preparation that could cause my dissatisfaction and/or illness; I acknowledge my responsibility to inform WWRE of any specific food related allergies. Water purification systems may or may not be used and/or may or may not function correctly; I specifically acknowledge that, in the event I choose to consume alcohol during my trip, I will bear complete responsibility for myself and for any damages I may cause to WWRE, its property or to other guests. I acknowledge that my time at WWRE events/activities may require me to use equipment (IE - tents, stoves, paddles, etc.) that I might not be familiar with and will require me to interact with other guests and participants with whom I am also unfamiliar; any of these things can cause my discomfort and stress and have inherent risks. I acknowledge that I could be left alone, unsupervised and/or out of contact with a guide/staff person for extended periods of time. I acknowledge that there are numerous other issues I may encounter, such as campfires and latrine issues which, while they seem open and obvious, also have inherent risks associated with them.

I acknowledge that, in the remote locations used by WWRE, participants may experience extreme **environmental** and/or weather conditions. Exposure to the natural elements can be uncomfortable and/or harmful and I am aware that this exposure could cause sunburn, dehydration, heat exhaustion, heat stroke, heat cramps or fatigue, frostbite and high altitude illnesses (HAPE and/or HACE), some or all of which may diminish my or the other participants ability to react or respond. Common (sometimes life threatening) injuries for these types of activities include, but are not limited to the following; strains, sprains, burns, fractures, cuts, and/or wounds and trauma to the head or body. Participants may encounter dangerous wildlife or insects. Delays or inconvenience because of inclement weather, including but not limited to low visibility, high winds, heavy rain or snow, storms or lightening, extreme temperature variations, etc., can occur. Communication in the terrain used by WWRE for its activities can be difficult and in the event of an accident, rescue and medical treatment may be significantly delayed or unavailable.

I acknowledge that my time at WWRE events/activities may require me to use **technical equipment** (IE - watercraft, camp gear) that I might not be familiar with and that I or other participants may find difficult to use and which I or other participants may use incorrectly. This improper use or operation may include, but is not limited to: the failure to observe and obey all safety rules or instructions given to the participant by WWRE or guides/staff. I acknowledge that, despite reasonable care and maintenance, essential equipment may fail, malfunction or cause injury or worse harm to myself or others.

I acknowledge that I may choose to participate in activities that are provided by **other vendors or operators** over which WWRE has no control. Those activities are incidental to the activities provided by WWRE and may involve errors in judgment by the other vendors or operators for which WWRE can bear no liability. WWRE is **not a "Common Carrier"** but rather is in the business of providing rafting or adventure type trips. Transportation to and from the activity is incidental to the activity. Transport and car, bus or van travel in some instances may be provided by WWRE and may involve errors in judgment by WWRE staff operating the vans, buses, cars or other transport vehicles. The vehicles and transport trailers may malfunction, break down or be poorly maintained, causing injury, accidents, delays or in the extreme case, death.

Furthermore, **WWRE Guides have difficult jobs to perform**. They seek safety, but they are not infallible. They might be ignorant of a participant's fitness or abilities. They might misjudge the weather, the elements, or the terrain. They may give inadequate warnings or instructions and/or I as the participant may fail to understand the safety directions due to language issues. I specifically acknowledge that decisions made by guides/staff and participants are often made in wilderness/remote/dangerous settings and are made based on often imprecise, momentary and subjective perceptions so that decisions are subject to errors in judgment that cannot and should not be associated with fault at a later point in time. **I acknowledge that I AM ULTIMATELY RESPONSIBLE for my own safety during my participation in WWRE events/activities.**

2. Express Assumption of Risk As lawful consideration for being allowed to participate in activities offered by WWRE, I expressly agree and promise on behalf of myself and any of the children for which I am responsible, to accept and assume all the risks existing in this activity. My/our participation in this activity is purely voluntary, and I/we elect to participate in spite of the risks. I/we expressly agree and acknowledge that the terms and conditions of this Release

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of Liability, Waiver of Claims, Assumption of Risks and Indemnity Agreement are contractual in nature and that I/we are signing it of our own free will.

3. Release and Waiver of Rights Including for Claims of NEGLIGENCE On behalf of myself and any of the children for which I am responsible I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless WWRE from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my/our use of WWRE's equipment, property or facilities, including any such Claims which allege negligent acts or omissions of WWRE

4. Indemnity Should WWRE or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree on behalf of myself and any of the children for which I am responsible to indemnify and hold them harmless (in other words, I agree to pay for...) for **all** such fees and costs.

5. Personal Skill & Insurance I certify on behalf of myself and any of the children for which I am responsible that I/we have sufficient skill and fitness to participate in the activities offered by WWRE I further certify that I/we have no medical, mental or physical conditions which could interfere with my/our safety or ability to participate in these activities, or else I/we are willing to assume and bear the cost of all risks that may be created, directly or indirectly, by any such condition. I/we further certify that I/we have adequate insurance to cover any injury, damage or emergency transportation or search and rescue costs I/we may cause or suffer while participating, or else agree to bear the costs of such injury, damage or emergency transportation costs ourselves.

6. Medical Issues I agree on behalf of myself and any of the children for which I am responsible that, in the event that WWRE deems it necessary to administer emergency first aid or CPR or to remove me/us from its activities or premises or from the field or to seek emergency medical care for me/us that, by signing this document, I/we are giving WWRE permission to: administer emergency first aid or CPR, secure emergency transport or medical care and/or disclose any medical information it may have about me/us to any health care provider which may become involved in my/our care, treatment or removal from the field. By signing this document I/we are waiving any right to object to or bring any type of action or claim against WWRE for its administration of emergency first aid or CPR or for securing emergency transport or medical care and/or for the disclosure of personal medical information it may have about me/us to any health-related person who becomes involved in my/our care or removal from WWRE activities or the field.

7. Photographic Assignment I understand that WWRE reserves the right to take photographic or film (of whatsoever nature) records of any or all of its activities or trips and on behalf of myself and any of the children for which I am responsible I/we hereby agree that WWRE may use such records for promotional and/or commercial purposes without any remuneration to me. I/we hereby assign all right, title and interest I/we may have in or to any and all media in which my name or likeness might be used by WWRE

8. Release as Contract and Personal Capacity On behalf of myself and any of the children for which I am responsible I expressly agree and acknowledge that the terms and conditions of this Release of Liability, Waiver of Claims, Assumption of Risks and Indemnity Agreement are contractual in nature and that I/we are signing it of my/our own free will. I/we expressly acknowledge that I/we are not under the influence of drugs or alcohol at the time of my/our signing of this document and that there are no other impediments or reasons why I/we would lack the capacity to enter into this contract with WWRE

9. Forum Selection, Severability, Breach of Contract/Warranty Waiver, Etc. In the event I/we file a lawsuit against WWRE, I/we agree to do so solely in the State of Utah, and I/we further agree that the substantive law of that state shall apply in that action without regard to the conflict of law rules of that state and I/we hereby irrevocably waive any other jurisdiction or venue to which I or my estate might otherwise have been entitled. I/we agree to submit to the jurisdiction of the Utah courts. I/we agree that if any portion of this agreement/contract is found to be void or unenforceable, the remaining portion shall remain in full force and effect; this document is intended to be interpreted as broadly as possible. A copy of this release contract can be used as if it were the original. I/we understand that this document constitutes the entire Agreement/Contract between ourselves and WWRE and that it cannot be modified or changed in any way by representations or statements of any nature (be they vocal, advertising, etc.) outside of this document; in other words, I/we are also waiving any claims I/we might have for breach of contract or warranty for statements or representations made outside of this release contract.

By signing this document, I acknowledge for myself and any of the children responsible for that if anyone is hurt or property is damaged during my participation in this activity, I/we may be found by a court of law to have

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waived my/our right to maintain a lawsuit against WWRE on the basis of any claim from which I/we have released them herein.

**I/WE HAVE HAD SUFFICIENT OPPORTUNITY TO READ THIS ENTIRE DOCUMENT (ALL 2 PAGES).
I/WE HAVE READ AND UNDERSTOOD IT, AND I/WE AGREE TO BE BOUND BY ITS TERMS.**

Participant Signature: _____ **Printed Name:** _____
Address: _____ **E-mail** _____
City: _____ **State:** _____ **Age:** _____
Country: _____ **Postal Code:** _____ **Phone #:** _____ **Date:** _____

Parents or Guardians Additional Indemnification and Signature (Must be completed for participants under 18 years of age)

I/we represent that I/we have complete and absolute authority to bind, contract for and legally act on behalf of the minor child listed below; I/we believe and represent that I/we have the legal authority to make the waivers and releases contained herein. I/we understand and acknowledge that WWRE relies to its detriment on this representation. In consideration of my child or ward ("Minor") being permitted by WWRE to participate in its programs or activities, I further agree to indemnify (in other words, I agree to pay for...) and hold harmless WWRE from any/all claims which are brought by, or on behalf of Minor, and which are in any way connected with Minor's use or participation.

Parent Signature: _____ **Printed Name:** _____
Date: _____

Parent Signature: _____ **Printed Name:** _____
Date: _____

Address: _____ **E-mail** _____
City: _____ **State:** _____ **Age:** _____
Country: _____ **Postal Code:** _____ **Phone #:** _____ **Date:** _____



3048 Ridge Top RD
Sundance, UT 84604
801-360-5183

CONTRACT AND LIABILITY WAIVER

Printed Name of Participant _____ Date of Birth _____
Address _____ Phone# _____
E-Mail _____
Emergency Contact Info (Name and Phone) _____

RELEASE

I hereby release and discharge 12 Fingers Outdoor Adventure, their owners, staff members, affiliates, partners, agents and employees and their successors and assigns, from any and all liabilities, suits claims and demand actions or damages (including attorneys fees and disbursement) incurred by me arising out of the participation in activities under the directions of 12 Fingers Outdoor Adventure including without limitation, all claims for property damage, personal injuries or wrongful death. This release is binding on my heirs, assigns and agents.

I fully understand the nature of the activities I have chosen to engage myself in and I find no reason why I am physically or mentally unable to perform the required actions in order to safely accomplish these activities.

AWARENESS OF RISKS

I am fully aware and understand that the activities in which I am participating in under the arrangement of 12 Fingers Outdoor Adventure, its employees, contracted agents and associates are potentially dangerous and there are substantial risks. These risks include but are not limited to hazards in hiking, rock or ice climbing, canyoneering, mountaineering, rappelling, biking, potential and other activities exposure to poisonous animals/plants as well as animals of any kind, heat, cold, general outdoor activity and travel by automobile. If I am not familiar with any risks associated I am responsible to learn and be made aware of these risks as well as avoidance and mitigation i.e. understanding what plants are poisonous and how to avoid them. Risks associated with such activities include but are not limited to the following: serious bodily injuries, such as permanent disability, paralysis and death. There are many risks that may arise from foreseeable or unforeseeable causes (i.e. rocks falling from above and hitting participants below). I understand that these risks may be brought about by my own actions or inactions as well as other participants and staff members of 12 Fingers Outdoor Adventure actions or inactions. Any decisions made by guides, contractors, affiliates or employees of 12 Fingers Outdoor Adventure are part of the risks of the activities listed above. I also understand that there may be other risks and economic or social losses unseen to me at this time. I fully accept all such risk and responsibilities costs, damages, and losses that may come to me in result of participating in these activities.

MEDICAL RELEASE

In the event of an emergency, permission is given for any medical treatment provided by 12 Fingers Outdoor Adventure its employees, agents and associates, which might become necessary. I hereby authorize the leader of the activity to secure such medical advice and services as may be necessary for the health and safety of myself, and I consent to release all medical information the leader determines necessary to any medical provider. I also agree to accept financial responsibility for medical treatment. I will inform 12 Fingers Outdoor Adventure personal if I have any medical concerns such as diabetes, seizure disorders, allergies, or any other medical condition.

IDEMNIFICATION

I hereby agree to indemnify and hold harmless each of the releases for any litigation expenses, attorney fees, loss, liability, damage or cost which any many bring about as a result of such claim, to the fullest extent permitted by the law.

SAFETY AND ETHICS

In addition to this contract I agree to listen to abide by and any instruction/rules/outdoor ethics written or communicated by 12 Fingers Outdoor Adventure staff or affiliates.

THIS IS A LEGAL BINDING CONTRACT

I have read and fully understand this agreement and am fully aware of its context. I understand that this is a legal contract and that this is a release of liability. I sign this of my own free will. (If participant is under age 18, the signature of parent or guardian below indicated their agreement to the above conditions.)

Participant

Parent or Guardian if Under 18

Date



Thanks for visiting M.O.A.B. Base Camp!

“Mother of Adventure Bases”

Please like and follow us on social media



@moabbasecamp